

## An evening of Food & Music

Friday 27th March

6pm

Music performances by  
Finbar's Ukulele Group  
and Guests

Dinner served 6.45pm  
Menu: BBQ & salads  
BYO alcohol

Cost: \$10 per person  
Ukulele members \$5

Payment required by Friday  
20th March

Limited spaces available  
Bookings essential

### Community Garden Project

Kath Jones is our Garden Coordinator and loves being able to share her knowledge and skills with the local community. Finbar wishes to develop outdoor 'spaces' that adhere to our vision and identified community needs.

A collaborative approach utilising Kath's skills, the community and a commitment from Finbar will ultimately define our objectives to attain our sustainability success.

#### Food is free project:

Grow what you can, where you can and share. Simply setting up a table and shelving at the front of Finbar and stocking it with organic produce with an implied invitation to take, has evolved into community members sharing by bringing their excess harvest from fruit trees and veggie patches around Richmond. Community health is improved by providing organic produce and reducing food waste because you can take what you require.

#### Seed Share:

Protecting seed diversity, enabling and inspiring people to start a garden. Small tubs and seed packets relevant to the season are made available to the community. All fruit and vegetables with some ornamentals for beauty and garden benefits have been grown and saved by Kath without chemicals or genetic modification.

#### Compost Bucket Exchange:

Community members are encouraged to:

- ◆ Drop off a full bucket of kitchen scraps
- ◆ Grab an empty bucket
- ◆ Swap & Go
- ◆ Return your bucket full
- ◆ Collect a new bucket

Buckets are available for collection/drop off 7 days a week at any time of the day.

Kath is onsite every Monday and is available to help and answer questions. Drop in and have a chat – bring your compost and collect some seeds.

### Finbar's Recycling Depot

We strive to encourage environmentally friendly practices both at our House and in the community. Our compost exchange program is well utilized by members of the community and we have now set up a 'Recycling Depot' at the front of the house for all those items that could be recycled into new items or reused by others.

Access is available 24/7 for you to drop off your items. All items that require special disposal will be collected by a City of Yarra Representative and taken the Clifton Hill Depot. Other items will be used in house, for kids garden workshops and playgroup craft activities.

Items we are accepting:

- Clean washed jars with lids
- Plastic Bread Tags: For Wheelchair Project
- Used Batteries
- Ring Pulls from cans: For Children's Hospital
- Newspapers
- Egg cartons for Richmond Churches Food Centre
- Plastic inserts & lids from 'Long Life milk' etc (please do not leave the actual packaging)
- Light globes
- E waste eg. cords, cables, modems
- We do not accept whole computers

We also have a 'Book Exchange' & 'DVD Exchange' on our front veranda for you to borrow, read or watch and return.

Donations of books & DVD's would be appreciated to add to our library for others to read and watch.



### About Finbar Neighbourhood House

Finbar Neighbourhood House is situated at 143 Kent Street, Richmond and is set within the grounds of Yarra Primary School. The property is owned by the Department of Education and we thank them for allowing us to use the house. Finbar is a not-for-profit organisation offering a wide range of activities to residents of Richmond and the surrounding communities.

Finbar is a 'Wheelchair' friendly environment offering an electric opening/closing front door and ramps to the gardens and portable classroom.

#### House Membership

While we receive financial support from City of Yarra and Department of Health and Human Services your membership to the house is very important. Membership shows our funding bodies that we are a valuable asset to the community.

House Membership is \$20 per year which also provides you with endless tea/coffee while at the house and invitations to special events.

#### Working with Children Check/Police Check

Need help applying for the above—We can do it all for you. You will need to bring your ID, we will complete the online applications and print out paperwork for you to take to the Post Office. Cost: \$10 donation to Finbar plus online costs which must be paid during check process.

WWCC for Volunteers is FREE.

#### Volunteering at Finbar

Want to meet people in your community, learn a new skill—become a Volunteer at Finbar.

- ◆ Join the Committee of Management
- ◆ Become a volunteer Tutor
- ◆ Got a skill to share— we can create a class for you
- ◆ Help out in our garden
- ◆ Join one of our Working Bees
- ◆ Volunteer at one of our events



### House Hire

Finbar is an excellent location for both children's parties, family gatherings and meetings.

The main house has a fully equipped kitchen with large fridge, oven, dishwasher, cutlery and plates, serving equipment, wine glasses – everything you require to have a party. The main toilet has a nappy change table.

Our 'Party Room' is set in the gardens and is located behind the main house with access via main house and side gate. The party room also has a small kitchen area with tea/coffee facilities, large fridge, air con/ heating, tables/chairs.

The party room opens up onto a large decking area which is partially covered by a veranda. Cafe blinds provide protection from wind and rain.

Our playground is fully secured with a large toy shed full of toys to keep the kids amused.

The playground has shade sails, a cubby house, slide and sandpit.

Our BBQ's are available to use, but you do need to bring your own gas bottle.

#### Bookings in advance are recommended.

Once a booking is made you don't have to think about it – we will give you a call one week prior to your booking to arrange a time for you to come and collect the keys and pay your hire fee by cash or cheque only. We do not have card facilities.

#### Fees:

Saturday and Sundays

9-1pm or 2-6pm @ \$80

All day hire (9-6pm) @ \$140

Bookings during school holidays incur a \$20 Surcharge. Photos available through our website under the 'Services' tab—www.finbar.org.au Give us a call if you would like to have a look around prior to making a booking.

## Finbar Neighbourhood House



### Programs & Activities Term 1 2020

3rd February—27th March

Open Monday—Friday 9-4pm

House Hire available Saturday/Sunday

143 Kent Street Richmond

Phone: 9428 7668

Email: [coordinator@finbar.org.au](mailto:coordinator@finbar.org.au)

Web: [www.finbar.org.au](http://www.finbar.org.au)

Finbar acknowledges the support of:

- Department of Health & Human Services
- City of Yarra
- Yarra Primary School



## MONDAYS

### **Greek for Pre Schoolers** **8 classes**

**No class on 9th March**  
Commencing: 3rd February  
Concluding: 23rd March  
Contact Mary on 0425857466 for bookings and more info.

### **Language Class**

**7 classes**  
**No class 9th March**  
Time: 10.30-2.30pm  
Commencing: 3rd February  
Concluding: 23rd March  
Italian, Spanish, French & English classes available.  
Contact Michael for bookings or more Info on 0422445685.

### **Pilates Class**

**7 classes**  
**No class 9th March**  
Commencing: 3rd February  
Concluding: 23rd March  
Time: 12.30-1.30pm  
Cost: \$70 per term  
BYO mat or borrow one from us.  
Please arrive 10mins prior to class. Bookings essential

### **Ancestry Class for Beginners** **7 weeks**

**No class 9th March**  
Commencing: 3rd February  
Concluding: 23rd March  
Time: 12.15-1.15pm  
Cost: \$5 per week plus House Membership  
If you have been thinking about your forebears and your heritage, come along and lets go on the discovery journey together. If you have limited computer skills, don't worry, come along and we will learn together. BYO laptop or use one of ours.

### **Book Club—monthly meetings**

Facilitator: Marina  
Time: 1.45-3.45pm  
Dates: 6th Jan, 3rd Feb, 2nd March  
Cost: Annual House Membership  
Group will organise monthly titles.

### **Life History Writers Course**

**Tutor: Helen Thompson**  
**5 weeks—no class 9th March**  
Commencing: 17th February  
Concluding: 23rd March  
Time: 1.45-3.45pm  
Course Cost: \$40  
Start writing your life story to leave for future generations. Your children, nieces and nephews will want to know one day!  
No experience needed just a desire to put pen to paper.  
Bring pen & paper, or laptop if you prefer. Bookings essential.

### **Kids Sewing Class with Vesna**

**Primary school kids aged 9+**  
**7 classes**  
**No class 9th March**  
Commencing: 3rd February  
Concluding: 23rd March  
Time: 3.45-5.15pm  
Cost: \$25 per classes payable each night of attendance.

## TUESDAYS

### **Walking Group—all year round**

Time: 9-10.30am  
Cost: Annual House Membership  
Group departs from front veranda at 9am sharp! There is a coffee stop along the way.  
Flat walk—no hills.  
Dogs on leads are welcome.

### **Playgroup with Vesna**

Commencing: 4th February  
Concluding: 24th March  
Time: 10.30-12.30pm  
Cost: \$3 per family per visit plus Annual House Membership  
Our playgroups are very relaxed—the kids play and parents/carers get to socialize.

### **Community Lunch**

18th February  
Time: 12.30pm  
Cost: \$5 per person  
**RSVP's required by Wednesday 12th February**

### **Parkinson's Victoria Peer Support Groups**

Date: 25th February  
Time: 1-3pm  
A Parkinson's Peer Support Group is a gathering of people whose lives are affected by Parkinson's, who meet regularly in a relaxed, welcoming environment.  
RSVP to Kate 88090400 or email kate.madden@parkinsons-vic.org.au

### **Mah-jong for Beginners** **8 classes**

Commencing: 4th February  
Concluding: 24th March  
Time: 1.30-4pm  
Cost: Gold Coin Donation plus Annual House Membership  
Participants will need to purchase: 'The Mah-jong Players Companion'  
Book can be purchased from Dymocks Victoria Gardens.  
Bookings required

### **Yoga Class—evening session** **Ongoing including holiday time - commencing January**

Commencing: 14th January  
Time: 6-7pm **NEW TIME**  
Cost: \$10 per class  
BYO mat or borrow one from us  
Please arrive 10mins prior to class.

## WEDNESDAYS

### **Yoga Class**

**8 Classes**  
Commencing: 5th February  
Concluding: 25th March  
Time: 9.15-10.30am  
Cost: \$80 per term  
BYO mat or borrow one from us  
Please arrive 10mins prior to class.  
Bookings essential.

### **Playgroup with Vesna**

Commencing: 5th February  
Concluding: 25th March  
Time: 10.30-12.30pm  
Cost: \$3 per family per visit plus Annual House Membership  
Play groupers are welcome to stay after playgroup and use the Playground.

### **Ukulele Lessons**

**8 classes**  
Commencing: 5th February  
Concluding: 25th March  
Cost: \$5 per week plus Annual House Membership  
No experience needed.  
No need to read music.  
Full instrument kit available for purchase for \$163 which includes Ukulele & cover, Music Stand, Pick, Tuner and Shoulder strap.  
Weekly payment plan available.

### **Tutorial Lesson—Learn the basics**

**Tutor: John Sawyer**  
Time: 9.30-10.15am  
**'Campfire Group' - Beginners**

### **Tutor: Grant Guppy**

Time: 10.45-12noon  
**'Progressive Group' - Advanced**

### **Tutor: Grant Guppy**

Time: 2-3.15pm **NEW TIME**  
Practise Ukuleles available for use until your kit arrives.  
\$50 deposit required to take practise Ukes home.

### **Pilates Class**

**9 classes—commencing January**  
Commencing: 29th January  
Concluding: 25th March  
Time: 12.30-1.30pm  
Cost: \$90 per term  
BYO mat or borrow one from us  
Please arrive 10mins prior to class.  
Bookings essential.

### **Art Class**

**8 weeks**  
Commencing: 5th February  
Concluding: 25th March  
Time: 7-9pm  
Cost: \$80 per term  
(Full term fees payable on first day of term. NO CASUAL FEES)  
These classes involve drawing and painting, using various materials and subjects. You do not need to bring anything on the first night, we have supplies to get you going.  
No refunds for missed classes.

## THURSDAYS

### **Walking Group—all year round**

Time: 8.30-10.30am  
**Summer walking time!**  
Cost: House Membership Group departs from front veranda at 8.30am sharp! There is a coffee stop along the way.  
Dogs on leads are welcome.

### **Art Class**

**8 weeks**  
Commencing: 6th February  
Concluding: 26th March  
Time: 9.30-11.30am  
Cost: \$80 per term

### **Playtime in the Playground**

Commencing: 6th February  
Concluding: 26th March  
Time: 9-3pm  
Cost: Annual House Membership

### **Pilates Class**

**9 classes—commencing January**  
Commencing: 30th January  
Concluding: 26th March  
Time: 12.15-1.15pm  
Cost: \$90 per term  
BYO mat or borrow one from us  
Please arrive 10mins prior to class.  
Bookings essential.

### **Card Games—500**

This group meets all year round even during holiday time.  
Time: 1.30-3pm  
Cost: Annual House Membership  
Participants require the knowledge of how to play 500.

### **Advanced Ancestry Class** **8 weeks**

Commencing: 6th February  
Concluding: 26th March  
Time: 2-3pm  
Cost: \$5 per week plus Annual House Membership

### **Yogabean—Yoga for kids** **8 Classes**

Commencing: 6th February  
Concluding: 26th March  
Time: 3.30-4.45pm  
Cost: \$160  
Contact Alex for more info and bookings on 0402640867.

### **Parkinson's Victoria—Peer Support Groups evening session**

Date: 19th March  
Time: 6-8pm  
A Parkinson's Peer Support Group is a gathering of people whose lives are affected by Parkinson's, who meet regularly in a relaxed, welcoming environment.  
RSVP to Kate 88090400 or email kate.madden@parkinsons-vic.org.au

### **Country Women's Association Richmond Branch**

Meeting dates:  
27th Feb & 26th March  
Time: 7.15am  
Location: Portable classroom behind main house of Finbar

Interested ladies are welcome to come along to see what we do and hopefully join us.

## FRIDAYS

### **Sewing, Knitting & Craft Group**

Commencing: 7th February  
Concluding: 27th March  
Time: 10-12noon  
Cost: Annual House Membership  
BYO projects to work on. This is not a teaching class but plenty of advice and help will be offered.  
Have a cuppa and a chat. Group heads to Victoria Gardens food court for lunch at 12.30pm.

### **Playtime in the Playground**

Commencing: 7th February  
Concluding: 27th March  
Time: 9-3pm  
Cost: Annual House Membership

### **Seniors—Gentlemen's Discussion Group -**

Facilitator: Grant Guppy  
Meetings 3rd Friday of the month  
Dates: 21st February & 20th March  
Time: 2-3pm

### **Community Garden Members Friday Night Social Group**

Time: 5pm onwards  
BYO nibbles & drinks  
Have a chat with other gardeners, get advice from Kath, prepare your beds for the Spring/Summer growing periods.

### **Finbar's Broadband for Seniors**

**Kiosk**  
Open Tuesdays, Wednesdays and Thursdays for free one on one help and training on computer use.  
Our Kiosk is run by volunteers—Andrew Tuesday/Wednesday and Peter on Thursdays.  
We need of additional volunteers for our kiosk on Mondays and Fridays. If you are interested give us a call.

### **Finbar accepts payments by cash or cheque only.**

### **No card facilities**

**Full term fee payments are required on the first day of class.**

### **Legend:**

**Sustainability Workshops**  
**Health & Well being Classes**  
**Children's Activities**  
**Social Groups**  
**Learn something new**  
**Community Lunch**  
**Free Garden Workshops**  
**Trace your Family History**